

Values

To be able to feel fully satisfied in a career choice, it's important that any role or career decision you make fits with your values - eg what's important to you /the way you like to do things.

By completing one of the tables below it can help with your decision process.

Firstly, action the following for your current or previous role.
List your top 10 values; place a mark in the column where you think it measures up to your values, repeat for any new career choices and compare.

Top 10 value	NOT satisfied	Sometimes satisfied	Almost always satisfied

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